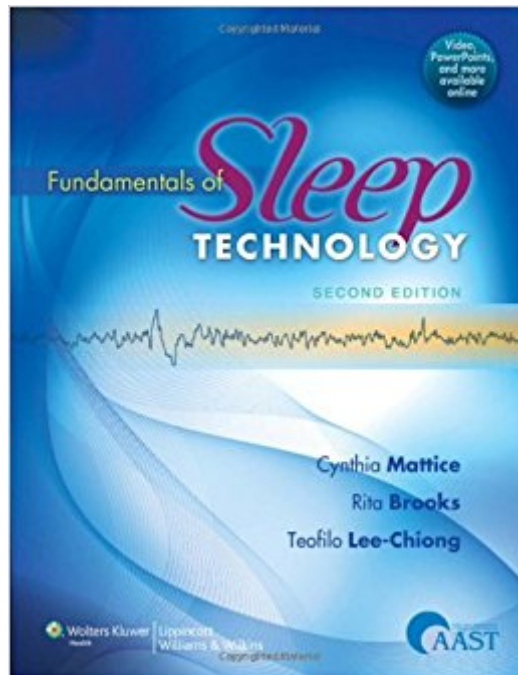




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# Fundamentals Of Sleep Technology



## Synopsis

Fundamentals of Sleep Technology provides a thorough understanding of the use of polysomnography and other technologies in the evaluation and management of sleep disorders. Coverage includes in-depth reviews of the neurophysiology and cardiopulmonary aspects of sleep, along with the pathophysiology of sleep disorders. Detailed sections on polysomnography include recording procedures, identifying and scoring sleep stages and sleep-related events, and report generation. Chapters discuss therapeutic interventions including positive airway pressure, supplemental oxygen, surgical and pharmacologic treatments, and patient education. A section focuses on pediatric sleep disorders and polysomnography. Also included are chapters on establishing and managing a sleep center and accrediting a sleep program. Fundamentals of Sleep Technology is endorsed by American Association of Sleep Technologists (AAST). AAST committees oversaw the development of this book, defining the table of contents, recruiting the Editors, and providing most of the contributors.

## Book Information

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## Customer Reviews

"This is a comprehensive tome for those interested in the field of sleep medicine technology. It may easily serve as a course textbook and reference for those wishing to achieve the distinction of professional sleep technologist or those wishing to enter and excel in sleep disorders center management." Doody's Reviews (March, 2013) Maureen A. Smith, MS, RN, APN-RC (Rush University Medical Center) Weighted Numerical Score: 100 - 5 Stars!

Very informational!

I passed the national registry exam in sleep with this book!!!

Bought this to help my Wife Pass her Boards. She passed with flying colors but that is more due to her using MANY resources. This is a great updated version of the older info, priceless to new Techs and to seasoned, multiple credentialed People such as myself.

Pretty awful. Was purchased as a textbook for a class and it's not very helpful. The subject matter seems unorganized and overly complicated. Maybe as I get comfortable with material it will get better. I rarely use it and instead look up information on the internet for better understanding of topics.

Good price.

Good condition as described.

This book is so terrible. Do not buy this book unless it is required for your college program. The information is extremely dense, poorly organized, and there is no color whatsoever in the text. Not even the pictures are in color. This book does have tons of information, but it does not make it easy for the information to be learned and memorized. It's just overall very hard to get through. If you want to learn about sleep technology, I would highly recommend going with a different text. Every student in my polysomnography class at college hates it.

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